

CANDIDA ANTIBODY PROFILE

Candida Albicans is one of the many yeast's that are present in the large bowel, genital tract, mouth, and throat and under normal conditions is compatible with good health. It is usually kept under control by good bacteria, our immune system and intestinal pH. What is less well recognised is that candida can, under certain circumstances, become pathogenic, causing havoc everywhere in the body.

Symptoms associated with Candida antibodies

If you suffer with any of the following symptoms you should consider the Candida Albicans test:

- Fatigue
- Foggy head, lack of concentration, poor memory
- Mood swings, depression, anxiety
- Bloating, diarrhoea, constipation, excess wind, indigestion
- Fungal infections
- Aching joints, heavy muscles
- Recurrent thrush, vaginitis and increased vaginal secretions
- Bad breath, coated tongue, ulcers and sores in the mouth
- Cravings for sweet and yeasty food, including bread and alcohol
- Decreased libido
- Bladder and kidney infections
- Menstrual problems
- Dry itchy skin
- Chronic sinus problems
- Sensitivity to perfumes, chemicals, fumes and other odours
- Food sensitivities
- Acne
- Frequent colds, and infections
- Chilliness, cold hands and feet

Possible causes of Candida overgrowth

Problems arise when the balance of good bacteria to harmful ones changes within the digestive tract. Given certain conditions, the Candida proliferates and can change into a pathogenic form. Once this has occurred, the Candida can release toxins into the blood stream and travel through the body, affecting all systems.

Common causes of overgrowth include:

- Contraceptive pill
- HRT
- Steroids including asthma and eczema medication
- High Sugar diet
- Antibiotic use
- Immune deficiency
- Hormones from food and water, non organic diet
- Diabetes
- High stress levels
- Anti-inflammatory use

How does the test work?

This test can be performed on either a saliva or blood sample. This test looks for two types of antibody specific to Candida (IgG + IgA). A positive result demonstrates an immune reaction to Candida. This is a very sensitive and accurate means of measuring antibodies.

Nationwide Test Kit Service

Most of the tests involve simple kits that can be used in your own home. Some may require the help of a nurse or GP. If you cannot visit the laboratory, you can phone and arrange your kit to be sent in the post. Once samples have been taken, you simply post the test kit back to the laboratory. We would encourage you to use guaranteed delivery and not to send kits over the weekend

For further information consult your practitioner, or call us today on 020 7730 7010

